

Forest Essentials

Dear parents,

This term Year 2 will be doing Forest School every Tuesday with Mrs Lambert. This means we will be outdoors come rain or shine!

To ensure your children are comfortable and prepared for their forest school session, please could they bring forest school clothes to school to change into every Tuesday, labelled with your child's name. We will be exploring the outdoors and will most likely get mucky as we make dens, play with mud and sticks and even create camp fires; so old clothes which are not precious are highly recommended. The following Kit List is a guideline for the type of clothing best suited for forest school. Clothes which are comfy, warm and waterproof are key.

KIT LISTS

WHAT TO WEAR IN SPRING/AUTUMN

- Waterproofs –trousers and warm jacket with a hood
- One pair of comfortable trousers (jogging bottoms or leggings)
- One long sleeved t-shirt or top
- One thick jumper / or a fleecy zip up jacket
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!)
- A hat and gloves

WHAT TO WEAR IN SUMMER

- Waterproofs - trousers and a jacket with a hood
- One pair of comfortable trousers (jogging bottoms or leggings)
- One t-shirt, light long sleeved t-shirt
- One fleecy zip up jacket
- One pair of socks
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!)
- A sun hat for sunny days

WHAT TO WEAR IN WINTER

- Waterproofs –trousers and warm jacket with a hood
- Base layer - thermals
- Next bottom layer - fleece or other warm tracksuit bottoms
- First top layer - long sleeve t-shirt or thin jumper
- Second top layer - fleece jumper
- Third top layer - fleece jacket
- Hat and gloves
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Extra Jumpers to be packed in backpack for really cold days
- Snow boots or sturdy warm outdoor boots